



Republic of the Philippines
Department of Education

Region XII
Schools Division Office of Tacurong City

August 20, 2026

DIVISION MEMORANDUM

SGOD-2026- 139

CELEBRATION OF WORLD SUICIDE PREVENTION DAY 2026

TO: Assistant Schools Division Superintendent
Chiefs, Curriculum Implementation and
Schools Governance and Operations Division
Cluster Head
School Head
Elementary and Secondary Schools (public)
This Division

1. The Department of Education, Schools Division Office of Tacurong City, joins the observance of **World Suicide Prevention Day (WSPD)** on **September 10, 2026**, to raise awareness on suicide prevention and promote mental health and psychosocial well-being.
2. The celebration aims to strengthen schools' commitment to promoting mental health, reducing stigma, recognizing warning signs of suicide risk, and ensuring appropriate support and referral.
3. All public elementary and secondary schools are encouraged to conduct meaningful and age-appropriate World Suicide Prevention Day activities from **September 1-30, 2026**, with the theme: **"Changing the Narrative on Suicide"**.
4. Schools may conduct activities such as Wall of Hope/Hope Board, mental health awareness sessions, gatekeeper awareness activities, wellness campaigns, peer support activities, IEC campaigns on suicide prevention and help-seeking and other classroom-based activities.
5. School Heads shall ensure that activities comply with existing DepEd policies and guidelines on mental health, child protection, confidentiality, and referral mechanisms.
6. School Mental Health Coordinators, in coordination with concerned school personnel, shall facilitate the activities and ensure appropriate support and referral for learners or personnel who may need assistance.
7. Schools shall document their activities and submit a **brief accomplishment report** to the School Health and Nutrition Section through the Division School Mental Health Program on or before **September 30, 2026**.
8. The active participation of all school officials, personnel, learners, parents/guardians, and stakeholders is encouraged to strengthen a culture of hope, compassion, connectedness, and help-seeking.



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9. For inquiries, please coordinate with the School Health and Nutrition Section – Division School Mental Health Program Coordinator, **Ms. Jonalee Y. Arquiza, RN** through DepEd Email address jonalee.yturalde@deped.gov.ph.
10. Immediate and wide dissemination of this Memorandum is desired.

CARLOS G. SUSARNO, Ph.D., CESO VI
Assistant Schools Division Superintendent
~~Officer in Charge~~
Office of the Schools Division Superintendent

JYA/SGOD-SHS/ CELEBRATION OF WORLD SUICIDE PREVENTION DAY 2026/ AUGUST 20, 2026



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