



Republic of the Philippines  
**Department of Education**  
Region XII  
Schools Division Office of Tacurong City

July 08, 2026

**DIVISION MEMORANDUM**

SGOD-2026- 104

**PARTICIPANTS TO THE CARING FOR CARERS SESSION FOR FRONTLINE MENTAL HEALTH AND HEALTH PERSONNEL OF DEPED SOCCSKSARGEN REGION**

TO: Assistant Schools Division Superintendent  
Chiefs, Curriculum Implementation and  
Schools Governance and Operations Division  
Cluster Head  
School Head  
Tacurong National High School  
Virginia F. Griño National High School  
This Division

1. Pursuant to the Regional Memorandum ESSD-2026-155 entitled **“Caring for Carers Session for Frontline Mental Health and Health Personnel of DepEd Soccsksargen Region”**, this Division is requesting the attendance of the following personnel to attend the activity scheduled on July 15, 2026 at DepEd Region 12 NEAP, General Santos City:

Name	Designation/ Position
Jonalee Y. Arquiza, RN	Nurse II-SHS
Quirico M. Batilaran, RGC	Guidance Counselor – TNHS
Mark S. Baliguat, RGC	Guidance Counselor – VFGNHS

2. Identified participants must register through link: <http://bit.ly/444hYYP> on or before **July 13, 2025**.
3. Meals and snacks shall be charged against the Program Support Funds (PSF)-Learners Support Program (LSP), while travel and other expenses related to the conduct of the activity may be charged against the local funds/ School MOOE for school-based personnel and SDO local funds/ Program Support Funds (PSF), subject to usual auditing and accounting rules and regulations.
4. A copy of the Regional Memorandum is enclosed for reference and guidance.



Address: Alunan Highway, Poblacion, Tacurong City 9800  
Telephone Numbers: (064)-200-6316; 0919-065-6425  
Email: tacurong.city@deped.gov.ph  
Website: depedtacurong.org



Republic of the Philippines  
**Department of Education**  
Region XII  
Schools Division Office of Tacurong City

---

5. Immediate dissemination of and compliance with this Memorandum is desired.

**CARLOS G. SUSARNO, PH.D., CESO VI**  
Assistant Schools Division Superintendent  
Officer-in-Charge  
Office of the Schools Division Superintendent



020

Republic of the Philippines  
**Department of Education**  
SOCCSKSARGEN REGION

02 Jul 2026

REGIONAL MEMORANDUM  
ESSD-2026-155

**CARING FOR CARERS SESSION FOR FRONTLINE MENTAL HEALTH AND  
HEALTH PERSONNEL OF DEPED SOCCSKSARGEN REGION**

To: Schools Division Superintendents  
Regional Office ESSD Personnel  
Division School Health Personnel

1. Relative to Regional Memorandum ESSD-2026-136 titled, "*Post Earthquake School Health Response*," and as part of the Department of Education's continuing Mental Health and Psychosocial Support (MHPSS) interventions following the 7.8 magnitude earthquake, all concerned are hereby informed that the Learner Wellness Office (LWO), Department of Education Central Office, will conduct a **Caring for Carers Session** on **July 15, 2026** at **DepEd Region XII NEAP, General Santos City**.
2. The activity recognizes that counselors, health personnel, and other frontline DepEd personnel have been providing continuous psychosocial support, psychological first aid, crisis intervention, and other wellness services to learners, personnel, and affected communities following the earthquake. As these responders also experience the emotional and psychological impact of emergencies, the session aims to provide them with opportunities for self-care, stress management, emotional processing, peer support, and resilience-building to sustain their capacity to care for others.
3. The participants in the activity shall comprise **all Education Support Services Division (ESSD) personnel** of the Regional Office and **at least three (3) participants from each Schools Division Office (SDO)**. The primary target participants from the SDOs are Counselors and Health Personnel. While the activity is primarily designed for a specific group, other DepEd personnel who stand to gain from it may also participate, provided there are available slots, which are currently limited to 70.
4. Identified participants must register through link: <http://bit.ly/444hYYP> **on or before July 13, 2026**.
5. Meals and snacks shall be charged against the Program Support Fund (PSF)-Learner Support Program (LSP) on *Establishment of Functional Referral Mechanism for Health and Wellness of Learners*, while travel and other expenses related to the conduct of the activity may be charged to Schools Divisions local funds/Program Support Fund (PSF), subject to the usual accounting and auditing rules and regulations.
6. In case of work suspension or holidays, compensatory time-off (CTO) shall be granted to personnel who participate, computed on the actual days of involvement and in accordance with existing Civil Service Commission rules and regulations.



Prime Regional Government Center, Brgy. Carpenter Hill, City of Koronadal  
**Telephone Nos.:** (083) 2288825/ (083) 2281893  
**Email Address:** region12@deped.gov.ph  
**Website:** depedroxii.org






Republic of the Philippines  
**Department of Education**  
SOCCSKSARGEN REGION

---

7. For further inquiries, contact Dr. Edelyn Grace Jamila-Medical Officer IV at [edelyngrace.jamila@deped.gov.ph](mailto:edelyngrace.jamila@deped.gov.ph) or Kem B. Gulmatico, TA II-SMHP at [kem.gulmatico@deped.gov.ph](mailto:kem.gulmatico@deped.gov.ph).

  
**ATTY. ALBERTO T. ESCOBARTE, CESO II**  
Regional Director

Enclosure: None  
Reference: Regional Memorandum ESSD-2026-136, *Post Earthquake School Health Response*  
Allotment: Local funds/ MOOE/Program Support Fund  
To be indicated in the Perpetual Index  
under the following subject:

MENTAL HEALTH

KBG/ESSD/RM-CARING FOR CARERS SESSION FOR RONTLINE MENTAL HEALTH & HEALTH PERSONNEL OF DEPED  
SOCCSKSARGEN REGION  
171/July 02, 2026

**ROE/KBG**



Prime Regional Government Center, Brgy. Carpenter Hill, City of Koronadal  
**Telephone Nos.:** (083) 2288825/ (083) 2281893  
**Email Address:** [region12@deped.gov.ph](mailto:region12@deped.gov.ph)  
**Website:** [depexii.org](http://depexii.org)

