



Republic of the Philippines
Department of Education

Region XII
Schools Division Office of Tacurong City

March 16, 2026

DIVISION MEMORANDUM

SGOD-2026- 048

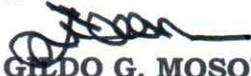
PARTICIPANTS TO THE CAPACITY BUILDING ON THE (SHAPE-A) SEXUALLY HEALTHY AND PERSONALLY EMPOWERED-ADOLESCENTS) MODULE

TO: Assistant Schools Division Superintendent
Chiefs, Curriculum Implementation and
Schools Governance and Operations Division
Cluster Head
School Head
Virginia F. Griño Memorial National High School
Tacurong National High School
Apolinario S Bernardo National High School
This Division

1. In line with our commitment to strengthening Adolescent Reproductive Health Program under the Oplan Kalusugan sa DepEd, The School Health Section – Education Support Services Division will conduct a **Training on Sexually Healthy and Personally Empowered-Adolescents (SHAPE-A) Module for School Health Personnel and/or Registered Guidance Counselors on March 25-27, 2026 in Koronadal City.**
2. Thus, the Schools Division Office of Tacurong City is requesting the attendance of the following personnel to attend the activity:

Name	Designation/Position
Quirico M. Batilaran, RGC	Guidance Counselor II
Mark Samson Baligat, RGC	Guidance Counselor II
Lloyd A. Dalayap, Rpm	Assistant Principal
Jocelyn O. Defensor, RGC	Teacher VI

3. For reference, see the enclosed Regional Memorandum and indicative schedule of activities.
4. For queries/ clarifications you may contact Ms. Jonalee Y. Arquiza, RN, Division Mental Health Coordinator, through mobile number 09691882995.
5. For information and compliance of all concerned.


GILDO G. MOSQUEDA, CEO VI
Schools Division Superintendent

JYA/SGOD-SHS/PARTICIPATION TO THE CAPACITY BUILDING ON THE SEXUALLY HEALTHY AND EMPOWERED-ADOLESCENTS MODULE/MARCH 16, 2026



Address: Alunan Highway, Poblacion, Tacurong City 9800
Telephone Numbers: (064)-200-6316; 0919-065-6425
Email: tacurong.city@deped.gov.ph
Website: depedtacurong.org



Republic of the Philippines
Department of Education
SOCCSKSARGEN REGION

02 Mar 2026

REGIONAL MEMORANDUM
ESSD-2026-065

CAPACITY BUILDING ON THE SHAPE-A (SEXUALLY HEALTHY AND PERSONALLY EMPOWERED-ADOLESCENTS) MODULE

To: Schools Division Superintendents

1. In line with our commitment to strengthening Adolescent Reproductive Health Program under the Oplan Kalusugan sa DepEd, the School Health Section - Education Support Services Division will conduct a **Training on Sexually Healthy and Personally Empowered-Adolescents (SHAPE-A) Module for School Health Personnel and/or Registered Guidance Counselors** on **March 25-27, 2026** in **Koronadal City**.

2. The three-day activity aims to:

- a. enhance the knowledge and competencies of School Health Personnel and Registered Guidance Counselors in delivering age-appropriate Adolescent Sexual and Reproductive Health (ASRH) Education,
- b. deepen understanding of adolescent health issues, including values formation, gender sensitivity, STI/HIV and AIDS awareness, and responsible decision-making,
- c. strengthen facilitation skills through skills demonstration and peer navigation strategies, and
- d. develop action plans for effective implementation of the SHAPE/ASRH modules in schools and communities.

3. Participants in this training include:

- 18 ESSD/Regional Office Personnel
- Five School Health Personnel and/or Registered Guidance Counselor per Schools Division Office

4. The Program Management Team, who will serve as the Secretariat, or Welfare Officers, are listed below:

- a. Dr. Edelyn Grace A. Jamila (Overall Team Leader)
- b. Shawn Shervin M. Garcia (Program Management Leader)
- c. Ma. Lourdes A. Ines
- d. Dr. Mina Fe S. Ruz
- e. Kem B. Gulmatico
- f. Liza Jean T. Arroza
- g. Kristel Joy M. Ramos
- h. Charisse M. Caminse



Prime Regional Government Center, Brgy. Carpenter Hill, City of Koronadal
Telephone Nos.: (083) 2288825/ (083) 2281893
Email Address: region12@deped.gov.ph
Website: depedroxii.org





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5. In case the activities fall on holiday, participants shall be granted Compensatory Time-Off pursuant to CSC and DBM Joint Circular No. 02, s. 2015 - Policies and Guidelines on Overtime Services and Overtime Pay for Government Employees.
6. Meals, accommodation, travel, and other expenses shall be charged against available program support fund/local fund/MOOE subject to the usual accounting and auditing rules and regulations.
7. For reference, see the enclosed indicative schedule of activities.
8. For more information and concerns, contact Shawn Shervin M. Garcia, Technical Assistant I, through cellphone number 09564113424 or through email at shawنشervin.garcia@deped.gov.ph or Dr. Edelyn Grace A. Jamila, Medical Officer IV at edelyngrace.jamila@deped.gov.ph.
9. For dissemination and compliance.

Digitally signed by
Rocafort Carlito Dalisay
Adobe Acrobat Reader
version: 2023.006.20380

CARLITO D. ROCAFORT
Director IV

Enclosure: Indicative Program of Activities
Reference: None
Allotment: Program Support Fund/local fund/MOOE
To be indicated in the perpetual Index
under the following subject:

TRAINING

EGMAJ/ESSD-SHS/RM-TRAINING ON SEXUALLY HEALTHY AND PERSONALLY EMPOWERED-ADOLESCENTS (SHAPE-A)
MODULE
065/March 02, 2026



Prime Regional Government Center, Brgy. Carpenter Hill, City of Koronadal
Telephone Nos.: (083) 2288825/ (083) 2281893
Email Address: region12@deped.gov.ph
Website: depedroxii.org





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Enclosure to Regional Memorandum ESSD-2026-065

Day/Time	Topic/Activity	Responsible Person
DAY 1 March 25, 2026		
08:00-09:00 AM	Arrival and Registration Pre-test	Secretariat
09:00-10:00 AM	Opening Session <ol style="list-style-type: none"> a. Invocation and National Anthem b. Introduction to Participants and Facilitators c. Opening Remarks d. Message e. Expectation Setting f. Rationale of the Training g. Setting of Host teams and Ground Rules 	AVP Liza Jean T. Arroza Technical Assitant I Kathrine H. Lotilla Assistant Regional Director Carlito D. Rocafort Regional Director Shawn Shervin M. Garcia Technical Assitant I Dr. Edelyn Grace A. Jamila Medical Officer IV Shawn Shervin M. Garcia Technical Assitant I
Module 1: AHD Situationer and Values and Concepts Clarification on ASRH		
10:30-12:00 NN	a. Regional AHD Situationer and AHD strategy of CPD	VINNA P. BOHOLST Information Officer I, CPD XII
12:00-01:00 PM	LUNCH	
1:00-1:15 PM	Energizer	Group 1 Host Team
1:15-2:00 PM	b. Values and Concept Clarification on ASRH	FITZGERALD J. CARMONA Information Officer II, CPD XII
Module 2. GROWING UP MODULE		
2:00-3:15 PM	a. Appreciating My Body and Understanding My Fertility	FITZGERALD J. CARMONA Information Officer II
3:15-4:15 PM	b.1 Preventing Adolescent Pregnancy in the SOCCSKSARGEN region	VINNA P. BOHOLST Information Officer I, CPD XII
4:15-5:15 PM	Module 2: Changing Feelings and Expectations <ol style="list-style-type: none"> c. Journeying Through My Adolescence 	VINNA P. BOHOLST Information Officer I, CPD XII
6:00-7:00 PM	Dinner	



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DAY 2 March 26, 2026		
8:00-8:30 AM	Opening Session Energizers Creative Recapitulation of Day 1 Learning	Group 2 Host Team
8:30-9:30 AM	d. STIs/HIV and AIDS (<i>Human Bingo and Wildfire</i>)	DR. EDELYN GRACE A. JAMILA
Module 4: Having a Safe, Healthy and Happy Adolescence Module		
9:30-12:00 AM	e. Sexuality, Gender, and Basic Sexual Orientation and Gender Identity and Sex Characteristics (SOGIESC)	VINNA P. BOHOLST Information Officer I, CPD XII
12:00-1:00 PM	LUNCH	
1:00-1:15 PM	Energizers	Group 2 Host Team
1:15-2:00 PM	f. Sexual Behavior Myths and Facts	FITZGERALD J. CARMONA Information Officer II, CPD XII
2:00-3:30 PM	g. Having a Safe, Healthy and Happy Adolescence (<i>entire module</i>)	VINNA P. BOHOLST Information Officer I, CPD XII
Module 5: Skills Demonstration		
3:30-4:15 PM	h. Communication and Facilitation Skills	FITZGERALD J. CARMONA Information Officer II, CPD XII
4:15-5:00 PM	Preparation for the Return Demonstration	Participants (SHAPE-A Module 2 and 3 topics)
6:00-7:00 PM	Dinner	
Day 3 March 27, 2026		
8:00-8:15 AM	Opening Session Prayer and Energizer	Group 3 Host Team
8:15-11:15 AM	Return Demonstration (3 groups)	Participants
11:15-12:00 NN	Feedbacking	Facilitators/PMT
12:00-1:00 PM	Lunch	
1:00-2:00 PM	Module 6: Setting up Peer Navigation in Schools	MARK FRIENDE C. CARBON, RPsy Guidance Advocate
2:00-2:30 PM	Action Planning	
2:30-4:30 PM	Closing Program a. Post test and Evaluation b. Training Impressions c. Awarding of Certificates d. Closing Remarks	PMT Participants Magdaleno C. Duhilag, Jr. CES, ESSD
4:30-5:00 PM	Home Sweet Home	