



Republic of the Philippines
Department of Education

Region XII
Schools Division Office of Tacurong City

January 28, 2026

DIVISION MEMORANDUM

SGOD-2025- 020

**DIVISION-WIDE ORIENTATION ON UNIVERSAL MENTAL HEALTH SCREENING
& THE USE OF THE CHILD & ADOLESCENT RISK SCREENER**

TO: Assistant Schools Division Superintendent
Chiefs, Curriculum Implementation and
Schools Governance and Operations Division
Cluster Heads
School Heads
Elementary and Secondary Schools
(Public)
This Division

1. This is in reference to DepEd Memorandum No. 050, s. 2025 entitled "*Learner's Health Assessment and Screening for school year 2025-2026*", which aims to provide schools and parents with essential baseline health information, enabling timely support and intervention for learners. One of the key components of LHAS is the universal mental health and psychosocial screening and assessment.
2. In line with this, the Schools Division Office of Tacurong City, through School Health & Nutrition Unit, will conduct a **Division Orientation on Universal Mental Health Screening and the use of the Child & Adolescent Risk Screener (CARS)** on February 23-24, 2026 at SDO Conference Hall, Tacurong City.
2. This activity aims to:
 - enhance understanding of Universal Mental Health Screening in schools;
 - orient participants on the proper use, interpretation, and ethical considerations of the Child & Adolescent Risk Screener (CARS); and
 - strengthen the capacity of schools in identifying learners who may need early intervention, support, and referral.
3. The participants for the 2-day orientation are the selected School Mental Health Program Coordinator, Adolescent Reproductive Health Coordinator and Guidance Designates/Counselors.
4. All identified participants are enjoined to attend this important activity to ensure the effective implementation of school-based mental health programs.



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5. For inquiries and verification, you may coordinate with Ms. Jonalee Y. Arquiza, RN, Division SMHP Coordinator, through her mobile number 09691882995 or via email arjonalee.yturalde@deped.gov.ph.
6. For information and guidance of all concerned.

GILDO G. MOSQUEDA, CEO VI
Schools Division Superintendent

JYA/SGOD-SHS/DM/ DIVISION-WIDE ORIENTATION ON UNIVERSAL MENTAL HEALTH SCREENING & THE USE OF CHILD AND ADOLESCENT RISK SCREENER/ JANUARY 28, 2026



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Division Program Committee

Name	Position/Designation
Gildo G. Mosqueda, CEO VI	Schools Division Superintendent
Gilbert B. Barrera, CESE	Asst. Schools Division Superintendent
Mayflor D. Romualdo	Chief ES – SGOD
Akifa H. Guindo, MD	Medical Officer III
Jonalee Y. Arquiza, RN	Nurse II SHS/Training Director
April Jane L. Duadua, RN	Nurse II
Catherine Joy Q. Maratas, RN	Nurse II
Jancee N. Rival, RN	TA II
Brendon Moises	YFD Focal Person

Resource Speakers

Name	Position/Designation
Jonalee Y. Arquiza, RN	Nurse II SHS
Quirico M. Batilaran, RGC	Guidance Counselor II - TNHS
Lloyd A. Dalayap Rpm	Master Teacher I - VFGMNHS
Jocelyn O. Defensor, RGC	Teacher IV – ASBMNHS

List of Participants

Name	Position	School
ELEMENTARY SCHOOLS		
Mayette B. Palma	SMHP Coordinator	Tacurong Pilot ES
Belle Ellinore Lacro	ARH Coordinator	
Ruth Delicana	Guidance Designate &	Amado Fernandez Sr.
Nessy B. Pajela	ARH Coordinator	Central School
Mark John Cabalfin	SMHP Coordinator	Pedregosa-Acosta ES
Kristine E. Enriquez	SMHP Coordinator	Tina ES
Mary Jane Ceballos	Guidance Designate &	San Emmanuel ES
	SMHP Coordinator	
Rosalyn P. Sol	Guidance Designate,	Casilda P. Venus ES
	SMHP & ARH	
	Coordinator	
Mary Rose Velasco	Guidance Designate &	San Rafael ES
	SMHP Coordinator	
Shanabai Diestro	ARH Coordinator	Victorina P. Dasmarinas ES
Jeanette P. Garde	SMHP & ARH	San Antonio ES
	Coordinator	
Jam De Jose	SMHP Coordinator	Dr. Manuel Grino MES
Joyleen Otico	ARH Coordinator	New Lagao ES
Janet Magtulis	ARH Coordinator	Buenaflor ES



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Jodel M. Parcon	SMHP Coordinator	Maria A. Montilla ES
Methuselah Alvior	Mental Health Coordinator	Kalandagan ES
May Pamunag	Clinic and ARH Coordinator	JHector Lacson ES
Krizzia Belle E. Dominguez Analyn S. Albento	SMHP Coordinator ARH Coordinator	New Isabela Central ES
Rochelle Guerrero	SMHP Coordinator	Maria Z. Bayya ES
Susan Gabay	Guidance Designate & SMHP Coordinator	Jose V. Lagon ES
Rosalie Guimban	Clinic & ARH Coordinator	Rajah Muda ES
Lucy F. Padillo	ARH & SMHP Coordinator	Rajah Muda ES-Beam
Rochelle Pangilinan	SMHP & ARH Coordinator	Elisa P. Bernardo MES
Ma. Ruby Hachuela	ARH & SMHP Coordinator	Elisa P. Bernardo ES-Beam
Joan E. Sesbino	SMHP Coordinator	Lourdes Pama ES
Astrid T. Formacion	Clinic, ARH & SMHP Coordinator	Lancheta Magallon ES
Psyche Nava Ochintang	ARH Coordinator	Josue Alcasid CS
SECONDARY SCHOOLS		
Rowena F. Salome Mariegold Japitana	Guidance Designate ARH Coordinator	Tacurong National High School
Mark Baliguat Annielyn B. Moral	Guidance Counselor II SMHP & ARH Coordinator	Virginia F. Grino NHS
Nesa Thea Munoz	Guidance Designate & SMHP Coordinator	San Pablo National High School
Ma. Lina S. Lino	Guidance Designate & SMHP Coordinator	San Emmanuel National High School
Rommel Madamesila	SMHP Coordinator	Rajah Muda NHS
Sheryll P. Daluyo	ARH Coordinator	Apolinario S Bernardo NHS
Dafhne Quema	Guidance Designate & SMHP Coordinator	Upper Katungal NHS
Cherry Ann B. Doctora	Guidance Designate & SMHP & ARH Coordinator	Abang Suizo Integrated School