



Republic of the Philippines
Department of Education
Region XII
Schools Division Office of Tacurong City

November 10, 2025

DIVISION MEMORANDUM

SGOD-2025- 192

**CONDUCT OF MENTAL HEALTH AND ADOLESCENT REPRODUCTIVE HEALTH
AWARENESS CAMPAIGN "HEALTHY THOUGHTS, HEALTHY ACTION"**

TO: Assistant Schools Division Superintendent
Chiefs, Curriculum Implementation and
Schools Governance and Operations Division
Cluster Heads
School Heads
Secondary Schools
(Public)
This Division

1. In support of the Department of Education to promote the holistic well-being of learners, the Schools Division Office of Tacurong City shall conduct the **Mental Health and Adolescent Reproductive Health (ARH) Awareness Campaign** with the theme **"Healthy Thoughts, Healthy Action"** to all public secondary schools.
2. The campaign aims to increase awareness and understanding among learners on the importance of mental health and responsible adolescent reproductive health, emphasizing the connection between emotional well-being, healthy decision-making, and positive life outcomes.
3. Specifically, the activity seeks to:
 - a. Promote positive mental health and coping strategies among adolescents;
 - b. Educate learners on the significance of responsible reproductive health and informed choices;
 - c. Encourage schools to create supportive environments for open discussions about mental and reproductive health issues; and
 - d. Strengthen partnerships among school personnel, parents, and community stakeholders in promoting adolescent well-being.
4. Hereunder is the schedule of schools and expected participants for your references and appropriate action:



Address: Alunan Highway, Poblacion, Tacurong City 9800
Telephone Numbers: (064)-200-6316; 0919-065-6425
Email: tacurong.city@deped.gov.ph
Website: depedtacurong.org



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Name of School	Expected Participants	Date of Activity
Virginia F. Griño NHS	Grade 10 Students (245)	December 2, 2025
Abang-Suizo Integrated School	Grade 10 Students (87)	December 3, 2025
San Emmanuel NHS	Grade 10 Students (170)	December 4, 2025
San Pablo NHS	Grade 10 Students (87)	December 9, 2025
Rajah Muda NHS	Grade 9 &10 Students (95)	December 10, 2025
Apolinario S. Bernardo NHS	Grade 10 Students (118)	December 11, 2025
Upper Katungal NHS	Grade 10 Students (138)	December 15, 2025
Tacurong NHS	Grade 10 Students (720)	December 16, 2025

5. Wide dissemination of this Memorandum is desired.


GILDO G. MOSQUEDA, CEO VI
Schools Division Superintendent

JYA/SGOD-SHS/DM/ CONDUCT OF MENTAL HEALTH AND ADOLESCENT REPRODUCTIVE HEALTH AWARENESS CAMPAIGN "HEALTHY THOUGHTS, HEALTHY ACTION"/ NOVEMBER 10, 2025



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