



Republic of the Philippines  
**Department of Education**  
Region XII  
Schools Division Office of Tacurong City

October 01, 2025

**DIVISION MEMORANDUM**

SGOD-2025- 153

**PARTICIPANTS TO THE CONDUCT OF TRAINING OF FACILITATORS ON  
COMMUNITY-BASED MENTAL HEALTH PROGRAM (VIZMIN)**

TO: Assistant Schools Division Superintendent  
Chiefs, Curriculum Implementation and  
Schools Governance and Operations Division  
Cluster Head  
School Head  
Elementary and Secondary Schools (Public)  
This Division

1. Pursuant to the Regional Memorandum ESSD-2025-198 entitled "**Conduct of Training on Community-Based Mental Health Program (VizMin)**", this Division is requesting the attendance of the following personnel to attend the activity scheduled on **October 14-17, 2025** within **General Santos City**:

Name	Designation/Position
Jonalee Y. Arquiza, RN	Nurse II-SHS
Cherry Mae E. Puno, RN	School Clinic Coordinator - TNHS

2. The accommodation, meals, snacks, supplies and materials shall be charged against the 2025 School Mental Health Program Support Funds (Current Funds), while the participant's travel expenses and other incidental expenses shall be charged against the local funds/ School MOOE for school-based personnel and SDO local fund of SDO, subject to usual auditing and accounting rules and regulations.
3. For queries/ clarifications you may contact Ms. Jonalee Y. Arquiza, RN, Division Mental Health Coordinator, through email at [jonalee.yturalde@deped.gov.ph](mailto:jonalee.yturalde@deped.gov.ph) or at 09691882995.
4. For information and compliance of all concerned.

  
**GILDO G. MOSQUEDA, CEO VI**  
Schools Division Superintendent

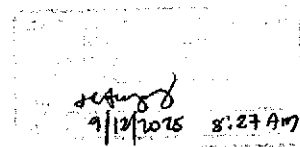
JYA/SGOD-SHS/DM/ PARTICIPANTS TO THE CONDUCT OF TRAINING OF FACILITATORS ON COMMUNITY-BASED MENTAL HEALTH PROGRAM/ OCTOBER 01, 2025



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Republic of the Philippines  
**Department of Education**  
SOCCSKSARGEN REGION



10 Sept 2025

REGIONAL MEMORANDUM  
ESSD-2025-198

**CONDUCT OF TRAINING OF FACILITATORS ON COMMUNITY-BASED MENTAL  
HEALTH PROGRAM (VISMIN CLUSTER)**

To: Schools Division Superintendents  
Functional Division Chiefs

1. Pursuant to OUOPS Memorandum (OM-OUOPS-2025-07-02351) titled "Implementation Guidelines on the Allocation, Utilization, Documentation, and Reporting of Program Support Funds (PSF) for the Field Implementation of Learner Support Programs for Financial Year (FY) 2025," Region XII will be co-hosting a mental health-related training for its SDOs and other nearby regions.
2. DepEd SOCCSKSARGEN Region thru ESSD-School Health Section is set to conduct the **Training of Facilitators on Community-Based Mental Health Program - VisMin Cluster**, on **October 14-17, 2025, within General Santos City**.
3. This initiative aims to equip field personnel with the necessary competencies and skills in psychosocial intervention and community based mental health, strategically designed to ensure proactive and effective interventions in both school and community settings. School Health personnel will be trained as facilitator in providing adequate psychosocial support for learners and individuals in need in their respective communities.
4. Specifically, the training shall be able to:
  - a. facilitate proactive and effective mental health interventions delivered in school and community settings;
  - b. equip the participants with necessary competencies and skills in psychosocial intervention and community-based mental health; and
  - c. establish clear and efficient referral pathways to ensure learners are quickly connected to appropriate mental health professionals, community resources, and support services, facilitating timely and specialized care.
5. The following school health program focal and coordinators shall attend the said training:

Station	Name	Role
Regional Office	Dr. Edelyn Grace Jamila	Participant
	Margareth Mikaela Lasam	
	Dr. Mina Fe Ruz	Program Management Team
	Ma. Lourdes Ines	



Republic of the Philippines  
**Department of Education**  
 SOCCSKSARGEN REGION

SDO Cotabato	Jezza Mae Cerbolles	Coach
	(1) School Health Coordinator	Participant
SDO General Santos City	Joannie Avbegail Apud	Participant
	(1) School Health Coordinator	
SDO Kidapawan City	Joylyn Rualo	Participant
	(1) School Health Coordinator	
SDO Koronadal City	Karinna Mae Non	Participant
	(1) School Health Coordinator	
SDO Sarangani	Renz Louis Bautista	Participant
	(1) School Health Coordinator	
SDO South Cotabato	Marlyn Dagum	Participant
	(1) School Health Coordinator	
SDO Sultan Kudarat	Jeryl Aron Agner	Participant
	(1) School Health Coordinator	
SDO Tacurong City	Jonalee Arquiza	Participant
	(1) School Health Coordinator	
<b>Total</b>	<b>25</b>	

6. The school health personnel involved in the Program Management Team shall also serve as welfare officers during the training.

7. Below is the breakdown of number of Participants from Visayas and Mindanao Regions:

Region VI	21 pax
Region VII	20 pax
Region VIII	13 pax
Region IX	8 pax
Region X	14 pax
Region XI	11 pax
CARAGA	12 pax
BARMM	11 pax
<b>Total</b>	<b>110</b>

8. Number of participants from Central Office and external service provider:

1. DepEd CO	5 pax
2. DepEd Trainers	18 Coaches
3. RenewHealth	3 Resource Persons
<b>Total</b>	<b>26</b>



Republic of the Philippines  
**Department of Education**  
SOCCSKSARGEN REGION

9. The accommodation, meals and snacks, supplies and materials, travel expenses and honorarium of Resource Speakers shall be charged against the 2025 School Mental Health Program Support Funds (Current Funds), while the participants' travel expenses and other incidental expenses shall be charged against the local funds of the SDOs and/or the sending agencies, subject to usual auditing and accounting rules and regulations.
10. For any queries or clarifications, contact **Ms. Margareth Mikaela C. Lasam**, Technical Assistant II, through email at [margareth.lasam@deped.gov.ph](mailto:margareth.lasam@deped.gov.ph).
11. For immediate dissemination and compliance.

Digitally signed by  
Rocafort Carlito Dallsay  
Adobe Acrobat Reader  
version: 2023.006.20380

**CARLITO D. ROCAFORT**  
Director IV

Enclosure: Indicative Program of Activities  
Reference: OM-OUOPS-2025-07-02351  
Allotment: 2025 School Mental Health PSF  
To be indicated in the perpetual index  
under the following subjects:

SCHOOL HEALTH  
TRAINING

MMCL/ESSD-SHS/RM- CONDUCT OF TRAINING OF FACILITATORS ON COMMUNITY-BASED MENTAL HEALTH PROGRAM  
(VISMIN CLUSTER)  
0221/September 10, 2025



Republic of the Philippines  
**Department of Education**  
 SOCCSKSARGEN REGION

*Enclosure to Regional Memorandum ESSD-2025-198*

**INDICATIVE PROGRAM OF ACTIVITIES**

<b>Time</b>	<b>Topic/Activity</b>	<b>Person/s Involved</b>
<b>DAY 0 (October 14, 2025)</b>		
7:00 AM – 12:00 NN	Arrival of PMT (DepEd Central, Host Region), Coaches and RPs from RenewHealth	Program Management Team (PMT)
8:00 AM – 9:00 AM	<b>Breakfast</b>	
12:00 NN – 1:00 PM	<b>Lunch</b>	
1:00 PM – 3:00 PM	Preparatory work and refresher for Coaches	RenewHealth
3:00 PM – 3:15 PM	<b>PM Snack &amp; Health break</b>	
5:00 PM onwards	<b>Dinner</b>	
<b>DAY 1 (October 15, 2025)</b>		
7:30 AM – 9:00 AM	Arrival of Participants Registration	Program Management Team (PMT)
8:00 AM – 9:00 AM	<b>Breakfast</b>	
9:00 AM – 9:30 AM	Preliminary Activities <ol style="list-style-type: none"> <li>1. Opening Program</li> <li>2. Welcome Remarks</li> <li>3. Introduction to the training</li> <li>4. Presentation of Indicative Program of Activities</li> <li>5. Leveling of Expectations</li> </ol>	Program Management Team (PMT)
9:30 AM – 10:30 AM	DEPED (SMHP, MHRM, LHAS)	DepEd Central Office
10:30 AM – 10:45 AM	<b>AM Snack &amp; Health break</b>	
10:45 AM – 11:30 AM	DEPED (SMHP, MHRM, LHAS)	DepEd Central Office
11:30 AM – 12:00 PM	Mental Health Literacy and Prevalence- Belief, Knowledge and Explanations	Coaches
12:00 NN - 1:00 PM	<b>Lunch</b>	
1:00 PM – 1:30 PM	Understanding Mental Health & Disorders- Anxiety, Depression and Substance Abuse	Coaches
1:30 PM – 2:00 PM	Understanding Suicide - CSSRS	Coaches
2:00 PM – 3:00 PM	Mental Health First Aid - ALGEE	Coaches
3:00 PM – 3:15 PM	<b>PM Snack &amp; Health break</b>	
3:15 PM – 4:15 PM	MHFA Simulation – Role Playing	Coaches
4:15 PM – 5:00 PM	DEPED (SMHP, MHRM, LHAS)	DepEd Central Office
5:00 PM onwards	<b>Dinner</b>	



Republic of the Philippines  
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 SOCCSKSARGEN REGION

DAY 2 (October 16, 2025)		
7:00 AM – 8:00 AM	Breakfast	
8:00 AM – 8:30 AM	<ul style="list-style-type: none"><li>• Management of Learning</li><li>• Leveling of Expectations</li><li>• Program Objectives</li><li>• Program Matrix</li><li>• Session Norms</li></ul>	Program Management Team (PMT)
8:30 AM – 9:00 AM	<ul style="list-style-type: none"><li>• Introduction to Katatagan Plus Program Overview</li><li>• Presentation of Pilot Data</li></ul>	RenewHealth
9:00 AM – 10:00 AM	Katatagan Plus Module 1 - Simulation	Coaches
10:00 AM – 10:15 AM	AM Snack & Health break	
10:15 AM – 11:15 AM	Simulations of Module 2	Coaches
11:15 AM – 12:00 PM	Simulations of Module 3	Coaches
12:00 PM ~ 1:00 PM	Lunch	
1:00 PM – 2:00 PM	Simulations of Module 4	Coaches
2:00 PM – 3:00 PM	Simulations of Module 5	Coaches
3:00 PM – 3:15 PM	Health Break	
3:15 PM – 4:15 PM	Simulations of Module 6	Coaches
4:15 PM – 5:15 PM	Simulations of Module 7	Coaches
5:15 PM – 6:15 PM	Simulations of Module 8	Coaches
6:15 PM onwards	Dinner	
DAY 3 (October 17, 2025)		
7:00 AM – 8:00 AM	Breakfast	
8:00 AM – 8:30 AM	<ul style="list-style-type: none"><li>• Management of Learning</li><li>• Leveling of Expectations</li><li>• Program Objectives</li><li>• Program Matrix</li><li>• Session Norms</li></ul>	Program Management Team (PMT)
8:30 AM – 10:00 AM	Integration of Learnings - Katatagan Plus	Program Management Team (PMT)
10:00 AM – 10:30 AM	AM Snack & Health break	
10:30 AM – 11:00 AM	Post Test/Evaluation	Program Management Team (PMT)
11:00 AM – 11:30 PM	Action Planning	Program Management Team (PMT)
11:30 - 12:00 NN	LUNCH	
12:00 NN	Closing Activity Recession	Program Management Team (PMT)