



Republic of the Philippines  
**Department of Education**  
Region XII  
Schools Division Office of Tacurong City

September 01, 2025

**DIVISION MEMORANDUM**

SGOD No. 127, s. 2025

**OBSERVANCE OF WORLD SUICIDE PREVENTION DAY**

TO: Assistant Schools Division Superintendent  
Chiefs, Curriculum Implementation and  
Schools Governance and Operations Division  
Cluster Head  
School Head  
Elementary and Secondary Schools (Public)  
This Division

1. In line with the global observance of **World Suicide Prevention Day** on **September 10, 2025**, with the theme *“Changing the Narrative on Suicide”*, this Office enjoins all schools and personnel to actively participate in awareness and advocacy activities that promote mental health and suicide prevention.
2. The observance aims to:
  - a. Raise awareness on the importance of mental health and suicide prevention;
  - b. Provide safe spaces for learners and personnel to express their thoughts and emotions;
  - c. Encourage collaborative efforts in building a supportive and caring school community;
3. Suggested activities for the celebration include, but are not limited to:
  - a. Flag ceremony messages on suicide prevention and mental health awareness;
  - b. Classroom discussions and homeroom guidance sessions;
  - c. Posting of advocacy materials such as tarpaulins, posters, and infographics;
  - d. Wellness activities such as Zumba, mindfulness sessions, or “Wall of Hope” initiatives.
4. School Heads are advised to ensure that activities are age-appropriate, sensitive, and aligned with existing DepEd policies on mental health and child protection.



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5. With these, School heads are requested to submit an accomplishment report on the activities conducted on or before September 19, 2025.
6. For queries and clarifications, you may contact **Ms. Jonalee Y. Arquiza, RN**, the Division School Mental Health Coordinator thru this number 09691882995.
7. Wide dissemination of this Memorandum is desired.

**GILDO G. MOSQUEDA, CEO VI**  
Schools Division Superintendent

Enclosure: 1-List of Mental Health Support Services  
References: Mental Health Law  
Allotment: None  
To be indicated in the Perpetual Index under the following Subjects:

SUICIDE PREVENTION  
JYA/SGOD-SHS/DM/OBSERVANCE OF WORLD SUICIDE PREVENTION/ August 27, 2025



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Telephone Numbers: (064)-200-6316; 0919-065-6425  
Email: tacurong.city@depd.gov.ph  
Website: depdtacurong.org



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Enclosure to the Division Memorandum SGOD No. 127s,2025

IN TOUCH: CRISIS LINE	HOPELINE	NCMH CRISIS HOTLINE	BANTAY BATA HELPLINE 163
<p>☎: +63 2 8893 7603</p> <p>Smart: 0919-056- 0709</p> <p>Globe: 0917-800- 1123</p> <p>Sun: 09228938944</p> <p>Website: <a href="https://in-touch.org">https://in-touch.org</a></p> <p>Time: <b>OPEN 24/7</b></p>	<p>☎: (02)8804-4673</p> <p>Smart:0918-873-4673</p> <p>Globe: 0917-558-4673</p> <p>Website: <a href="https://www.hopeline.com">https://www.hopeline.com</a></p> <p>Time: <b>OPEN 24/7</b></p>	<p>☎: 1800-1888-1553</p> <p>Smart/TNT:0919-057- 1553</p> <p>Globe/TM: 0917-899- 8727</p> <p>Website: <a href="https://www.ncmh.gov.ph">https://www.ncmh.gov.ph</a></p> <p>Time: <b>OPEN 24/7</b></p>	<p>☎: 1800-1888-1553</p> <p>Website: abs- cbnfoundation.com</p> <p>Time: <b>7:00 AM – 7:00 PM</b></p>

