



Republic of the Philippines
Department of Education
Region XII
Schools Division Office of Tacurong City

July 10, 2025

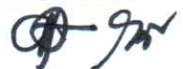
DIVISION MEMORANDUM
SGOD No. 092, s. 2025

ADDENDUM ON 2025 NUTRITION MONTH CELEBRATION

To: Asst. Schools Division Superintendent
Chiefs, CID and SGOD
School Head of San Rafael Elementary School
All Others Concerned
This Division

1. The nationwide celebration of 51ST Nutrition Month with the theme: **“Food at Nutrition Security, Maging Priority! Sapat na Pagkain, Karapatan Natin!”**
2. In line with this, the School Governance and Operations Division through the School Health and Nutrition Unit will conduct the Nutrition Month Culmination Celebration at San Rafael Elementary School on July 14, 2025, 8AM and there are activities lined-up to be participated by all learners.
3. Activities are as follow:
 - a. Galaw Pilipinas
 - b. Health Advocacy
 - c. Nutri-Quiz
 - d. Feeding Program
4. Attached are the guidelines and the criteria for the Nutri-Quiz activity.
5. For more information, all concerned may contact Ms. Catherine Joy Q. Maratas, RN thru this number 09551027167.
8. Immediate dissemination of this Memorandum is desired.


GILDO G. MOSQUEDA, CEO VI
Schools Division Superintendent



To be indicated in the Perpetual Index
under the following subjects:
LEARNERS NUTRITION

CQM/SGOD-SHS/DM-ADDENDUM ON 2025 NUTRITION MONTH CELEBRATION/JULY 10,2025



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**GUIDELINES OF THE CONTEST FOR 51st NUTRITION MONTH
CULMINATION CELEBRATION**

The 1st Place will get Php 2,000, 2nd Place Php 1,500, 3rd Place 1,000 and Php 500 for 3 Consolation prizes.

NUTRI-QUIZ

1. Eligibility:

- 1.1 The participants must be students from Grades 4, 5 and 6.
- 1.2 The school can register two teams per grade level with 2 members each team.

2. Quiz Structure

- 2.1 The quiz will consist of three rounds, each containing five questions.
- 2.2 The types of questions are as follows:
 - Multiple Choice
 - True or False (Tama o Mali)
- 2.3 A tie- breaker question is available if needed.

3. Content Coverage

- 3.1 The quiz will cover basic topics such as identifying healthy foods, understanding food groups, and recognizing the benefits of different nutrients.

4. Materials

- 4.1 Participants are not allowed to use any reference materials or electronic devices during the quiz.
- 4.2 Each team will be provided by clean paper and marker.

Mechanics:

1. Quiz Round

- Format and Scoring:
 - a. Multiple choice for the 1st and 2nd round, a total of 10 questions (
 - b. True or False for the 3rd round (3 points each)
- Time limit:
 - a. 2 minutes each question for the 1st round, 1 minute and 30 seconds for the 2nd round, 1 minute for the 3rd round.

2. Conduct



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- Participants must conduct themselves with integrity and respect for others.
- Cheating or disruptive behavior will result in disqualification

3. Judges

- A panel of judges will oversee the competition, ensuring fairness and accuracy in scoring.
- The judges' decisions are final.