



Republic of the Philippines
Department of Education
Region XII
Schools Division Office of Tacurong City

July 08, 2025

DIVISION MEMORANDUM

SGOD No. 089, s. 2025

**CONDUCT OF UNIVERSAL MENTAL HEALTH AND PSYCHOLOGICAL
SCREENING AND ASSESSMENT SY 2025-2026**

TO: Assistant Schools Division Superintendent
Chiefs, Curriculum Implementation and
Schools Governance and Operations Division
Cluster Head
School Head
Elementary and Secondary Schools (Public)
This Division

1. Enclosed is the Regional Memorandum ESSD-2025-142 entitled ***“Conduct of Universal Mental Health and Psychological Screening and Assessment S.Y. 2025-2026”*** for information and guidance of all concerned.
2. Wide dissemination and compliance of this Memorandum is highly enjoined.

GILDO G. MOSQUEDA, CEO VI
Schools Division Superintendent

Enclosure: Regional Memorandum ESSD-2025-142

References: Regional Memorandum ESSD-2025-142 and Regional Memorandum ESSD-2025-136

Allotment: None

To be indicated in the Perpetual Index under the following Subjects:

MENTAL HEALTH ASSESSMENT

PSYCHOLOGICAL SCREENING



Address: Alunan Highway, Poblacion, Tacurong City 9800
Telephone Numbers: (064)-200-6316; 0919-065-6425
Email: tacurong.city@deped.gov.ph
Website: depedtacurong.org



Republic of the Philippines
Department of Education
SOCCSKSARGEN REGION

30 Jun 2025

REGIONAL MEMORANDUM
ESSD-2025-142

**CONDUCT OF UNIVERSAL MENTAL HEALTH AND PSYCHOLOGICAL
SCREENING AND ASSESSMENT SY 2025-2026**

To: Schools Division Superintendents
All Other Personnel Concerned

1. In line with Regional Memorandum ESSD-2025-136 titled *"Learners' Health Assessment and Screening (LHAS) for School Year 2025-2026"*, the LHAS shall be delivered and/or coordinated by School Health and Nutrition Section (SHN) as part of Oplan Kalusugan sa DepEd (OK sa DepEd) implementation.
2. With regard to the Universal Mental health and Psychological Screening and Assessment, all SDOs shall instruct the creation of Technical Working Group (TWG) per DO 28, s. 2018 re *"Policy and Guidelines on Oplan Kalusugan sa DepEd"*, with the school head as the chairperson to spearhead the related mental health activities while the members of OK sa DepEd TWG particularly the school's Registered Guidance Counselor or trained school personnel shall serve as the school focal persons to coordinate with their counterparts at the schools division office (SDO), and local partners.
3. The prescribed schedule for the commencement of the Universal Mental Health and Psychological Screening and Assessment Sy 2025-2026 shall be on **August 11, 2025** (eight weeks after the start of classes). This may be done in phased approach (e.g., by section, by year level) from August to December. Qualified schools are required to complete the screening of the entire population by the end of the fiscal year.
4. Qualified schools shall identify, screen, assess, monitor learners who are at risk for possible mental health concerns or conditions through routine screening, teacher nomination, and during mental health crisis situations such as disasters and emergencies. Based on the results, all learners who express or exhibit signs of suicidality or self-harm shall be automatically screened using the Columbia Suicide Severity Rating Scale (CSSR-S).
5. A school is qualified to proceed with the routine screening (Home, Education/Employment, Eating, Activities, Drugs, Sexuality, Suicide/Depression, and Safety) HEEADSSS and Children and Adolescents Risk Screener (CARS) and subsequent assessment (Comprehensive HEEADSSS) only upon meeting the following requirements:
 1. The school shall have activated the OKD-TWG to oversee the conduct of LHAS, with the school's RGC and/or Guidance Advocate(s) as members/.



Prime Regional Government Center, Brgy. Carpenter Hill, City of Koronadal
Telephone Nos.: (083) 2288825/ (083) 2281893
Email Address: region12@depd.gov.ph
Website: depedroxii.org





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2. The school shall have personnel who have been trained in the Foundational Course on Adolescent Health, the Adolescent Health Education and Practical Training (ADEPT) (can be done through Department of Health Academy at <https://learn.doh.gov.ph/>) or Adolescent Job Aid (AJA) 2.0 Skills Enhancement Training (ASET), and Children and Adolescent Risk Screener (CARS); or have health professional who have credentials equivalent to the competencies of the enumerated trainings.
3. The school has a functional Child Protection Policy Committee (CPC) with the score of at least 4 on the CPC Functionality tool per OUOPS Memorandum No. OUOPS-2024-05-0627 titled "Dissemination of the Updated Child Protection Committee Functionality Tool.
4. The school has a functional referral network, including an updated local directory which includes clinics, hospitals, and other related support offices, or agencies.
5. The school has private space for guidance and health counseling.
6. To map out all schools that are considered qualified, all SDOs shall submit the list through this link: <https://surftt/edepwt>
7. Schools that do not qualify to conduct routine screening this school year shall strive to meet such requirements in order to qualify for the conduct of the screening in the next school year, SY 2026-2027.
8. For teacher nomination, where teachers "nominate" or report to trained school personnel (e.g., school's RGC/advocate) who among their learners exhibit behaviors or are in situations indicative of mental health concerns, teachers shall be capacitated in spotting mental health risks among learners in the following contexts: (a) during their day-to-day observation/interaction with learners; and (b) during their facilitation of Homeroom Guidance activities (as classroom advisers).
9. During mental health crisis situations such as disasters and emergencies, Mental Health Crisis Response Management (MHCRM) protocols shall be automatically activated where affected learners shall be provided with Psychological First Aid and necessary Mental Health and Psychosocial Support (MHPSS).
10. For preparatory activities, the school shall ensure that all personnel involved in the conduct of the Universal Mental Health and Psychological Screening and Assessment are properly oriented on all activities related to the screening, especially the use and administration of the screening tools. Parents/Parents-substitute/Legal Guardians, Learners and Other Stakeholders shall also be properly oriented about the screening and related activities. Consent of Parents/Parents-substitute/Legal Guardians and assent of learners shall be sought using the Consent Form for LHAS.
11. The soft copies of the screening tools, consent form, and other related forms may be accessed at <https://bit.ly/DepEdLHAS2526Forms>. Production of the materials needed for the screening and other related expenses shall be charged against the available funds under the Program Support Funds FY 2024 and Program



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Support Funds FY 2025, or to local funds under MOOE, subject to usual auditing and accounting rules and regulations.

12. For monitoring and reporting, all SDOs are encouraged to document the best practices, observe implementation challenges and gaps, and monitor progress to effectively inform continuous improvement of the initiatives. Omnibus guidelines on reporting shall be issued separately.
13. For further information see attached DepEd Memorandum No. 050, s. 2025
14. Immediate and wide dissemination of this Memorandum is desired.

Handwritten signature

Digitally signed by
Rocafort Carlito Dalisay
Adobe Acrobat Reader
version: 2023.006.20380

CARLITO D. ROCAFORT
Director IV

Encls.: As stated
References: DepEd Memorandum No. 050, s. 2025
Allotment: Program Support Fund
To be indicated in the Perpetual Index
under the following subjects:

MENTAL	HEALTH
LEARNER	ASSESSMENT

MMCL/ESSD-SHS/RM-CONDUCT OF UNIVERSAL MENTAL HEALTH AND PSYCHOLOGICAL SCREENING AND ASSESSMENT SY
2025-2026
160/June 30, 2025