



Republic of the Philippines  
**Department of Education**  
Region XII  
Schools Division Office of Tacurong City

July 3, 2025

**DIVISION MEMORANDUM**

SGOD No. 084 s. 2025

**2025 OPLAN KALUSUGAN SA DEPARTMENT OF EDUCATION (OKD)  
ONE HEALTH WEEK CELEBRATION**

TO: Assistant Schools Division Superintendent  
Chiefs, Curriculum Implementation and  
Schools Governance and Operations Divisions  
Cluster Heads  
Elementary and Secondary School Heads  
This Division

1. Pursuant to DepED Order No. 28, titled "Policy and Guidelines on Oplan Kalusugan sa Department of Education", this division recalibrates its programs on Oplan Kalusugan sa Department of Education (OK sa DepED) to advocate the importance of overall health and nutrition of learners, teaching and non-teaching personnel this school year 2025-2026. This includes the annual conduct of One Health Week to showcase the 6 flagship health programs.
2. In reference to DM No.50, s. 2025, titled "Learners' Health Assessment and Screening for school year 2025-2026", the celebration of One health week shall commence on **July 7** and ends on **July 11, 2025**.
3. In line with this, this office enjoins all public elementary and secondary schools to also commence their School-Based One Health Week Kick Off on July 7. Private schools may participate during the One Health Week Celebration in their own discretion.
4. The kickoff aims to launch local directives and opportunities for Ok sa DepEd and its flagship programs such as:
  - a. School-Based Feeding Program (**SBFP**);
  - b. National Drug Education Program (**NDEP**);
  - c. Water, Sanitation and Hygiene in Schools (**WinS**) Program;
  - d. Adolescent Reproductive Health (**ARH**) Program;
  - e. Medical, Dental and Nursing Services (**MDNS**) Program; and
  - f. School Mental Health (**SMH**) Program
5. This year, the division kickoff will be held in San Rafael Elementary School on June 07, 2025 from 8:00am to 3:00pm. Health and Nutrition personnel shall focus on emphasizing the OK sa DepEd and its flagship



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programs, as well as ensuring that the school abide with the safety health protocols and provides safe environment for learners, teaching and non-teaching personnel.

6. All other schools in this division are enjoined to continue advocating the importance of health and nutrition in providing quality education. Suggested daily school activities are attached in this memorandum (*see enclosure 1*). School OKD focal may choose to conduct **any of the suggested activities** however they directed to ensure that the schools adhere to “No disruption of classes” policy during the event.
7. All school coordinators are enjoined to submit their mode of verifications, in narrative format, showcasing activities conducted during the One Health Week through the following link: <https://shorter.me/vD4io> on or before July 18, 2025.
8. Schools may access the following IEC posters through this link: <https://shorturl.at/tuoON>. Streamers should no longer be put up in schools to announce the celebration. Simple announcements during flag ceremony, integration in classroom health talks and in bulletin boards would suffice.
9. For queries and clarification, please contact **Akifa H. Guindo, MD**, Medical Officer III, at mobile phone No. +63968-854-1253 or e-mail at [akifa.guindo@deped.gov.ph](mailto:akifa.guindo@deped.gov.ph) or **JONALEE ARQUIZA, RN**, Division Nurse-In-Charge/MDNS focal person at mobile phone No. 0969-1882995 or email at [jonalee.arquiza@deped.gov.ph](mailto:jonalee.arquiza@deped.gov.ph)
10. For the information and guidance of all concerned.

**GILDO G. MOSQUEDA, CEO VI**  
Schools Division Superintendent

AHG/SGOD-SHS/DM/ “2025 OPLAN KALUSUGAN SA DEPARTMENT OF EDUCATION (OKD) ONE HEALTH WEEK”/ July 3, 2025



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Enclosure to Division Memorandum SGOD No. 084, s. 2025

**2025 OPLAN KALUSUGAN SA DEPED (OKD) ONE HEALTH WEEK CELEBRATION  
SUGGESTED ACTIVITIES**

DAY	PROGRAM	SUGGESTED SCHOOL ACTIVITIES PER PROGRAM
Day 1 (Monday)	One health week launching  Medical, Dental & Nursing Services Program	<ul style="list-style-type: none"><li>• One health week launching</li><li>• Organize morning exercises during flag ceremony “Galaw Pilipinas”</li><li>• Promote physical activity</li><li>• Division kick off in identified school</li><li>• <i>Konsulta</i> provider health assessment</li></ul>
Day 2 (Tuesday)	Water, Sanitation and Hygiene in Schools Program	<ul style="list-style-type: none"><li>• Group toothbrushing</li><li>• Group handwashing</li><li>• Lecture on proper waste segregation and disposal</li><li>• Participate in division WINS orientation</li></ul>
Day 3 (Wednesday)	Adolescent Reproductive Health and National Drug Education Program	<ul style="list-style-type: none"><li>• Health talks on proper hygiene, positive behavior and healthy lifestyle</li><li>• Pledge of support</li><li>• Lecture on reproductive health</li></ul>
Day 4 (Thursday)	School Mental Health Program	<ul style="list-style-type: none"><li>• Integration of School Mental Health activities for learners and employees</li><li>• Health talks on Self-care</li><li>• Use of Psychosocial Pack Support to learners</li></ul>
Day 5 (Friday)	School-Based Feeding Program	<ul style="list-style-type: none"><li>• Feeding program</li><li>• Deworming</li><li>• Lecture on “Pinggang Pinoy”</li><li>• Tree planting activity (Gulayan sa Paaralan)</li><li>• Lecture on Canteen food &amp; safety standards based on categories</li><li>• Closing Program</li></ul>