

#### Republic of the Philippines

### Department of Education

Region XII Schools Division Office of Tacurong City

May 30, 2025

#### **DIVISION MEMORANDUM**

SGOD No. 058, s. 2025

## RAPID HEEADSSS ADMINISTRATION FOR PSYCHOSOCIAL SCREENING OF LEARNERS

TO: Assistant Schools Division Superintendent Chiefs, Curriculum Implementation and Schools Governance and Operations Division Cluster Head School Head Elementary and Secondary Schools (Public)

This Division

- 1. Adolescence is a crucial stage of life marked by swift changes in physical, cognitive, social and emotional growth. During this period, illness and death are often linked to largely preventable risky behaviors, such as accidental and intentional injuries, substance abuse and unsafe sexual practices.
- 2. The HEEADSSS (Home, Education and Employment, Eating Habits, Activities, Drugs and Alcohol, Sexuality, Safety, Suicide and Depression) framework is a proven tool utilized by healthcare professionals to understand and assess the physical, emotional and social well-being of adolescents. It helps identify strengths and risks for young people and support interventions that promote physical and mental health.
- 3. In line with this, the Schools Division Office of Tacurong City School Health and Nutrition Section, in partnership with the Youth Formation Division and City Health Office, will carry out a Rapid HEEADSSS Screening for all students from Grade 4 to Grade 12, beginning with the Brigada Kick-Off and continuing through subsequent school health or division activities.
- 4. We also request that all school heads incorporate the psychosocial assessment and evaluation into the general consent form to be provided to the parents during the general assembly meeting or school orientation.





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- 5. Attached is the copy of the Rapid HEEADSSS Risk Assessment tool for your reference.
- 6. For wide dissemination and compliance of this Memorandum.

CHOO G. MOSQUEDA, CEO VI

Schools Division Superintendent



Enclosure: Rapid HEEADSSS Risk Assessment Tool

References: RPRH Law Allotment: None

To be indicated in the Perpetual Index under the following Subjects:

Rapid HEEADSSS Risk Assessment Tool

Screening

JYA/SGOD-SHS/DM/ Rapid HEEADSSS ADMINISTRATION FOR PSYCHOSICIAL SCREENING OF LEARNERS/May 30, 2025



Address: Alunan Highway, Poblacion, Tacurong City 9800 Telephone Numbers: (064)-200-6316; 0919-065-6425

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Enclosure to DM SGOD No. 058 s, 2025



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Region XII

Schools Division Office of Tacurong City

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RAPID HEEADSSS RISK ASSESSMENT TOOL								
Control No:					Da	Date:		
Ang checklist ay sinagutan sa:	□ Health Center	□School	□Lying In	□Hospital	_O	□Others		
Sagutin ng tapat ang mga sumusunod na katangunan. Ang sagot ay <b>CONFIDENTIAL</b> .								
Ikaw ba ay nkakaranas ng pananakit o pananakot sa inyong tahanan/bahay?						□ Hindi	□ <b>O</b> o	
2. May mga pagkakataon ba na pinag-iisipan mong maglayas o umalis na ng inyong bahay?						□ Hindi	□ <b>O</b> o	
3. Nakaranas ka ba ng bullying na pisikal o cyber bullying sa paaralan o sa trabaho?						□ Hindi	□ <b>O</b> o	
4. May pagkakataon ba na seryoso mong naisip na wakasan ang iyong buhay?						□ Hindi	□ 00	
5. Naninigarilyo ka ba?						□ Hindi	□ <b>O</b> o	
6. Umiinom ka ba ng alak?						□ Hindi	□ <b>0</b> 0	
7. Nakakita ka na ba ng mga ipinagbabawal ng gamot o drugs?						□ Hindi	□ <b>O</b> o	
8. Ikaw ba ay nakaranas ng magkarelasyon (boyfriend/girlfriend)?						□ Hindi	□ <b>O</b> o	
9. Ikaw ba ay nakaranas ng makipagsex o makipagtalik?						□ Hindi	□ <b>O</b> 0	
10. Nakaranas ka ba na ikaw ay pinilit makipagsex?						□ Hindi	□ <b>O</b> 0	
11. Ikaw ba ay nakaranas nang mabuntis o makabuntis?						□ Hindi	□ <b>O</b> o	
12. Gusto mo bang magpa counsel o komunsulta para matulungan ka?						□ Hindi	□ <b>0</b> 0	

Para sa mga impormasyon tungkol sa inyong kalusugan o anumang pangangailangang pangkonsulta , maari kang bumisita at mgpadala ng mensahe sa FB Page **DepEd Tacurong School Health Section**.



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