



Republic of the Philippines
Department of Education
Region XII
Schools Division Office of Tacurong City

December 18, 2023

DIVISION MEMORANDUM
SGOD No. 105, s. 2023

**CALL FOR BLOOD DONORS FOR THE TACURONG CITY BLOOD DONORS' DAY
2023**

TO: Assistant Schools Division Superintendent
Chiefs, Curriculum Implementation and
Schools Governance and Operations Divisions
Elementary and Secondary School Heads
School clinic-in-charge
Cluster Heads
This Division

1. This is in connection with the Tacurong City LGU's invitation to the **Blood Donor's Day on December 22, 2023 at 8:00 am to 12:00 nn at the Tacurong Cultural & Sports Center.**
2. Blood donation is a voluntary process that can help save lives.
3. A call for at least 20 members from the Schools Division of Tacurong teaching and non-teaching personnel as blood donors for the said activity in support of the LGU's cause.
4. Interested donors are requested to fill in their details in the **SDO Tacurong Blood Donors Masterlist** googlesheets link at **bit.ly/3pvwJ5M**
5. Interested donors are advised to observe the following measures in preparation for the said activity :
 - 5.1 Have enough rest and hydration on the day before and after the bloodletting activity;
 - 5.2 Refrain from smoking and drinking of alcoholic beverages;
 - 5.3 Eat a healthy meal and avoid fatty food;
 - 5.4 Avoid heavy lifting after the said activity; and,
 - 5.5 Declare the medications being taken during the screening process.
6. For proper guidance and widest dissemination.

For and in the absence of


GILDO G. MOSQUEDA, CEO VI



Address: Alunan Highway, Poblacion, Tacurong City 9800
Telephone Numbers: (064)-200-6316; 0919-065-6425
Email: tacurong.city@deped.gov.ph
Website: depedtacurong.org



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Schools Division Superintendent

Enclosures: Letter of Invitation from Tacurong City LGU

Reference:

Allotment: NONE

To be indicated in the PERPETUAL INDEX under the following subjects:

HEALTH PERSONNEL BLOOD DONATION



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