



Republic of the Philippines  
Department of Education

Region XII  
Schools Division Office of Tacurong City

September 19, 2023

**DIVISION MEMORANDUM**

SGOD No. 88, s. 2023

**CALL FOR BLOOD DONORS DURING THE PHILIPPINE COUNCILORS LEAGUE'S  
"DUGONG KONSEHAL: A BLOOD-LETTING ACTIVITY"**

TO: Assistant Schools Division Superintendent  
Chiefs, Curriculum Implementation and  
Schools Governance and Operations Divisions  
Elementary and Secondary School Heads  
School clinic-in-charge  
Cluster Heads  
This Division

1. This is in connection with Philippine Councilors League's invitation to the **"Dugong Konsehal: A Blood-Letting Activity"** on September 22, 2023 8:00 am to 2:00 pm at the Tacurong City Cultural and Sports Center.
2. Blood donation is a voluntary process that can help save lives.
3. Anent, this calls for at least 20 members from the Schools Division of Tacurong teaching and non-teaching personnel as blood donors for the said activity in support of the LGU's cause.
4. Interested donors are requested to fill in their details in the **SDO Tacurong Blood Donors Masterlist** googlesheets link at **bit.ly/3pvwJ5M** .
5. Interested donors are advised to observe the following measures in preparation for the said activity :
  - 5.1 Have enough rest and hydration on the day before and after the bloodletting activity;
  - 5.2 Refrain from smoking and drinking of alcoholic beverages;
  - 5.3 Eat a healthy meal and avoid fatty food;
  - 5.4 Avoid heavy lifting after the said activity; and,
  - 5.5 Declare the medications being taken during the screening process.
6. For proper guidance and widest dissemination.

  
**CELDO G. MOSQUEDA, CEO VI**  
Schools Division Superintendent

Enclosures: Letter of Invitation from Office of the Sangguniang Panlungsod dated 9/12/2023

Allotment: NONE

To be indicated in the PERPETUAL INDEX under the following subjects:

HEALTH PERSONNEL BLOOD DONATION

KMBMD/SGOD/DM/ Letter of Invitation from Office of the Sangguniang Panlungsod dated September 12, 2023



Address: Alunan Highway, Poblacion, Tacurong City 9800  
Telephone Numbers: (064)-200-6316; 0919-065-6425  
Email: tacurong.city@deped.gov.ph  
Website: depedtacurong.org